



KARATEDO SHITO-KAI CANADA  
Shito-Ryu Style  
Member: World Shito-Ryu Karatedo Federation

## **JUNIOR KATA RULES**

**ONE KATA ONLY**

**TEAM KATA – ONE KATA ONLY**

### **AVERAGE SCORES**

NOVICE 6.0

INTERMEDIATE 7.0

JR. BLACK BELT 8.0

## **JUNIOR KUMITE RULES** (MODIFIED WKF RULES)

### **CHILDREN 13 AND UNDER (NOVICE AND INTERMEDIATE)**

1 1/2 minutes running time, first to reach 6 points or time up

### **CHILDREN 14 AND UP (NOVICE, INTERMEDIATE AND JUNIOR BLACK BELTS)**

2 minutes running time, 6 points apart or time up.

### **NOTE: CONTACT RULES**

- No contact to face allowed
- Light controlled touch to body allowed
- Penalty rules for (Jr./Cadet) WKF Apply