



KARATEDO SHITO-KAI CANADA Shito-Ryu Style
Member: World Shito-Ryu Karatedo Federation

JUNIOR KATA RULES

ONE KATA ONLY.

TEAM KATA – ONE KATA ONLY.

AVERAGE SCORES

NOVICE 6.0

INTERMEDIATE 7.0

JR. BLACK BELT 8.0

JUNIOR KUMITE RULES (MODIFIED WKF RULES)

CHILDREN 13 AND UNDER (NOVICE AND INTERMEDIATE)

1½ minutes running time, first to reach 6 points or time up

CHILDREN 14 AND UP (NOVICE, INTERMEDIATE AND JUNIOR BLACK BELTS)

2 minutes running time, 6 points apart or time up

NOTE: CONTACT RULES

- No contact to face allowed
- Light controlled touch to body allowed
- Penalty rules for (Jr./Cadet) WKF Apply