



KARATEDO SHITO-KAI CANADA Shito-Ryu Style  
Member: World Shito-Ryu Karatedo Federation

## ADULT RULES

### **KATA (MODIFIED W.K.F. RULES)**

NOVICE AND INTERMEDIATE – Top 4 scores to perform 2nd Kata.

ALL BLACK BELT – Top 4 scores to perform a second DIFFERENT Kata.

TEAM KATA – Top 4 teams to perform 2nd Kata. **(No Bunkai)**

### AVERAGE SCORES

NOVICE 6.0

INTERMEDIATE 7.0

BLACK BELT 8.0

### **KUMITE (MODIFIED W.K.F. RULES)**

2 minutes stop time, 8 points apart or time up

### **MEN BLACK BELT**

3 minutes stop time 8 points apart or time up

Contact & penalty rules per WKF Rules